

About Telligen

Telligen is on a mission to transform lives, businesses and our nation's economy through innovative health management solutions and wellness programs that improve health outcomes while lowering costs.

How We Do It

- 350+ clinical staff - nurses, physicians, pharmacists, social workers, case managers, health coaches, public health and more
- 250+ technical staff - scientists, developers, architects, statisticians and analysts
- We meet individuals where they are at by offering a full spectrum of services that keep healthy individuals healthy and also treat individuals with health risk factors to move them in the right direction and impact healthcare costs

Results

Telligen partners with our clients to deliver tailored health management solutions. We offer an unparalleled combination of solutions and resources that allow us to deliver the appropriate program to individuals regardless of where they are on the Spectrum of Health. This allows our clients to build a culture of health and well-being while also seeing results.



Healthier Employees. True Results.

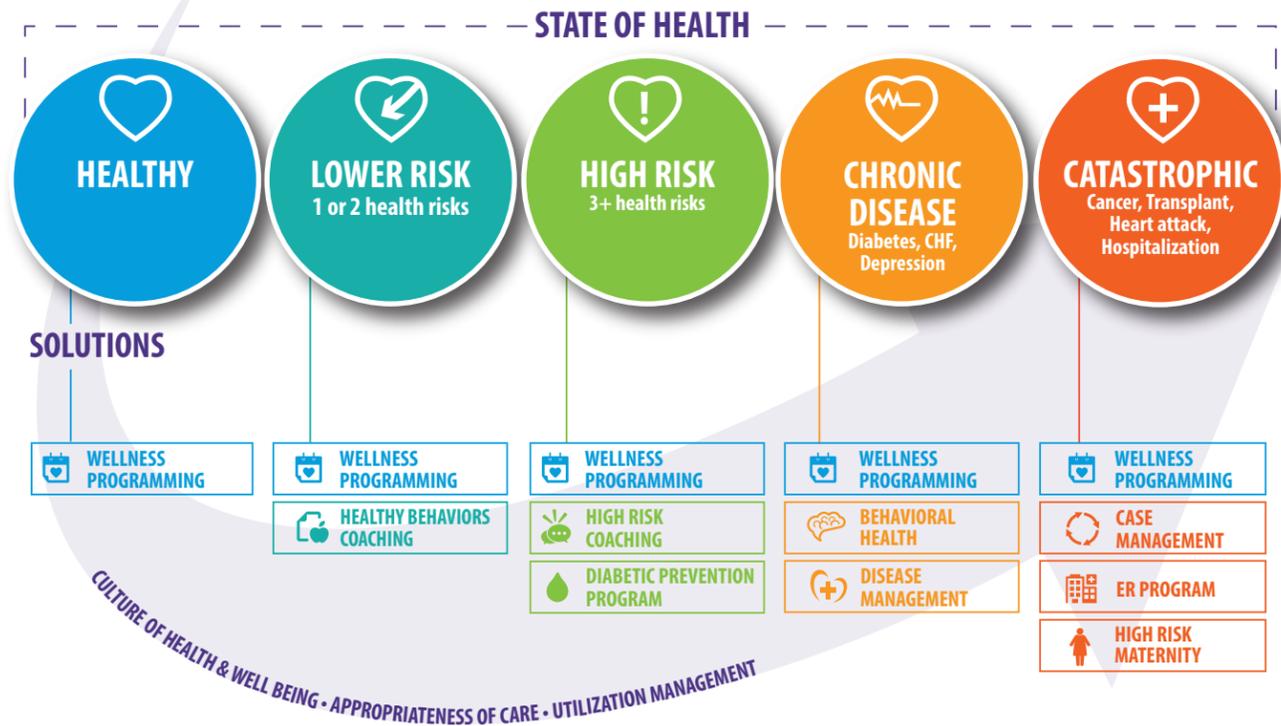


At Telligen, we build a culture of health with engaging, evidence-based solutions, improving overall organizational impact with measurable results.

Empowering people to be healthier, more engaged and more productive.

Proven Solutions.

Telligen Health and Well-Being delivers solutions that engage individuals wherever they are on the Spectrum of Health. From wellness programming focused on keeping healthy individuals healthy to case management focused on assisting individuals experiencing a catastrophic event such as cancer, we have a positive impact everyday. Our team of clinical professionals engage and nurture individuals by matching appropriate care to each situation, resulting in better health, well-being and financial outcomes.



Wellness Programs

With Telligen's Strive Well-Being portal, employees become more engaged with individual and team challenges, interactive tools and education materials to take charge of their health and well-being.

At-Risk Coaching

Our health coaches help slow the onset of chronic disease for individuals with metabolic risk factors who are in "pre-disease" state through education and support tailored to each employee's specific risk factors.

Diabetes Prevention Program

Telligen, in partnership with the American Diabetes Association, offers the Diabetes Prevention Program (DPP), an expert-led 52-week program based on the groundbreaking NIH study that showed a comprehensive behavioral weight loss program can help people prevent diabetes, even more effectively than medication.

Disease Management

We use data analytics to expertly identify individuals with chronic conditions, such as diabetes, congestive heart failure, coronary artery disease, depression, COPD, sleep apnea and asthma, and those who will clearly benefit from nurse health coaching. Our nurse health coaches work with your employees and their family members to understand their conditions, coordinate treatments with healthcare providers and monitor their progress so health is maintained and costs are managed.

Case Management

In the face of a catastrophic medical situation, such as a heart attack, traumatic injury or in-patient behavioral health event, we collaborate and coordinate with physicians and your employees and their family members to help achieve their goals for ensuring better outcomes.

Specialty Programs

We can tailor a program to fit more critical medical needs of your employees and their families. Programs can include oncology management, transplant management, end-stage renal disease management, care transitions and emergency department programs.

High Risk Maternity Management

We focus on the care and needs of your employees needing maternity care, specializing in those at high-risk. We promote the length of the gestational period and improved outcomes for newborns.

Utilization Management

Using evidence-based guidelines, our team of highly skilled nurses help employees understand their plan and the options they have for receiving high-quality, affordable care.

Telehealth

Employees and their family members receive customized care by board-certified medical providers. Individuals receive the care they need when they need it with a care team available 24 hours a day, 7 days a week.

Employee Assistance Program

We provide counseling, financial and legal consultation, elder care and other services designed to help employees and their families overcome problems life sends their way. This enables employees to more focused, healthier and productive.

