

## Meaningful Results

*Telligen brings over 40 years of health improvement experience using data and an evidence-based medicine approach to deliver meaningful and measurable results. We turn data into knowledge and knowledge into action to impact health outcomes.*

*Telligen is an excellent health management partner. They bring strong data analytics, collaboration and innovative solutions to the table!*

— Client testimonial

*My health coach's compassion, knowledge and understanding helped me achieve a successful lifestyle. Thanks to Telligen for taking the time to help people in times of difficult health situations.*

— Member testimonial

## Background

A Midwest client with nearly 70,000 members was facing rising healthcare costs year after year; yet their member's health status was declining. Through their partnership with Telligen, they were able to deliver tailored population health management solutions to their members that achieved proven results.

## Successful Components

- Disease Management
  - Data analytics and predictive modeling to drive identification and stratification of the population by condition and risks
  - Vigorous member and provider engagement on evidence-based practices and care gaps
  - *For every dollar spent on disease management, \$2.40 was saved*
- Case Management
  - Responsive member and provider engagement to address medical needs for catastrophic cases, complex co-morbid or acute exacerbations of chronic conditions
  - *For every dollar spent on case management, \$3.20 was saved*
- Utilization Management
  - Evaluate medical necessity of inpatient and outpatient services
  - Ensure members receive the appropriate services at the correct level of care in the network
  - *For every dollar spent on utilization management, \$7.60 was saved*

## Overall Savings 2013-2015

