



PREPARING FOR YOUR NEW BABY

Telligen Maternity Management Program

As you prepare to grow your family, Telligen is here to support you. We provide education and resources to give you and your baby the best possible start. Our maternity nurses have many years of clinical health experience supporting and providing pregnant members with the educational tools they need.



Every pregnancy is unique, and Telligen offers personalized support for each member from the beginning of pregnancy until after the birth of their baby. Our maternity nurses work with you one-on-one to help reduce the chances of early delivery and low-birth-weight babies.

Participation in a maternity program is proven to shorten inpatient stays, reduce the number of preterm births and low birth weights, and reduce NICU admissions. The added support can make a big difference in helping parents-to-be feel prepared and confident as they approach parenthood.

Program Benefits



Dedicated
maternity
nurse



Valuable
education and
resources



Personalized action
plan to promote a
healthy mother and
baby



Support
throughout
pregnancy until
after birth



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